

## DEPRESSION AND NON-SUICIDAL SELF-INJURY

Depression and Non-suicidal Self-injury among Chinese Adolescents: Exploring the  
Mediating Role of Behavioral Impulsivity and Dissociation

### Abstract

**Purpose:** The current study examines the relationships among depression, behavioral impulsivity, dissociation and non-suicidal self-injury (NSSI) among Chinese adolescents in Hong Kong. **Method:** Participants, 3854 students age ranges from 12 to 18 years from five secondary schools, completed measures assessing depressive symptoms, behavioral impulsivity, dissociative symptoms and NSSI. **Results:** Findings indicated that depression, behavioral impulsivity and dissociation were predictive of NSSI. Behavioral impulsivity and dissociation were also found to mediate the effect of depression on NSSI. Clinical implications of these results were discussed.

*Keywords:* non-suicidal self-injury, depression, behavioral impulsivity, dissociation